

CLIVE B. RAYNER, D.M.D. & LAURIER M. MCCRAVY, D.M.D

**PRE-OPERATIVE INSTRUCTIONS
For patients having sedation or general anesthesia.**

1. It is extremely important that you have an empty stomach before surgery. **DO NOT EAT OR DRINK AFTER MIDNIGHT BEFORE SURGERY.** If you are taking regularly scheduled medications, be sure to ask whether these should be continued or stopped.
2. On the day of surgery, **someone must come with you** to sit with you after your surgery and to drive you home. You will stay in the office until you are awake, but you will not be able to drive the day of surgery.

Your surgery cannot be performed unless the person accompanying you is prepared to stay in the office for your entire visit. You can not be “dropped off” and “picked up”.

3. On the day of surgery, wear comfortable clothes with **short sleeves**. Also, please do not wear lipstick or jewelry.
4. Your surgery escort must stay at home with you the day of your surgery. They will need to help you with ice packs, medications, meals, etc. so you can rest.
5. If you wear contact lens, leave them out the day of surgery.
6. Take your pre-op medication one hour prior to your appointment with **ONLY** a sip of water.
7. You must be checked in 15 minutes prior to your scheduled surgery start time or you may be rescheduled.

Relax! We will take good care of you! We will do all we can to keep you comfortable through your surgery and healing period.

My escort will be: _____

Patient

Witness

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